



North Metro EMS

2026 Spring EMT



Date	Chapter/Topic	Hands On/Skills	Instructors
2-Feb	Orientation: Class Rules, Policies, Psychomotor, Fisdap CPR/BLS Training and Certification	Laptop Computer Required! CPR/BLS Certification	Lead: Assist:
4-Feb	Chapter 1 - Emergency Medical Care Systems Chapter 2 - Workforce Safety and Wellness of EMT Chapter 3 - Medical and Ethical Issues	MNFIRE	Lead:
9-Feb	Chapter 4 - Documentation Chapter 5 - Communication Chapter 6 - Lifting and Moving Patients	Moving Patients Radio Communication Med Bag Introduction	Lead: Assist:
11-Feb	Chapter 7 - Anatomy, Physiology and Medical Terminology Chapter 8 - Pathophysiology	Medical Assessment Skill Sheet Memory Exercise	Lead: Assist:
16-Feb	Chapter 9 - Life Span Development Chapter 11 - Baseline Vitals, Monitoring Devices, History Taking Chapter 13 - Patient Assessment	Vital Sign Introduction Small Group Work Medical Assessment Practice	Lead: Assist:
18-Feb	Chapter 10 - Airway Management, Respiration, Ventilation, Oxygenation Chapter 16 - Respiratory Emergencies	Bag Valve Mask Skill Sheet Non-Rebreather Skill Sheet	Lead: Assist:
23-Feb	Chapter 15 - Shock and Resuscitation Chapter 17 - Cardiovascular Emergencies	Cardiac Arrest Mgmt Skill Station Small Group Cardiac Arrest	Lead: Assist:
25-Feb	Chapter 18 - Altered Mental Status & Stroke Chapter 19 - Seizures and Syncope	Stroke & Sepsis w/ AMS BVM, NRB, Cardiac Arrest Practice	Lead: Assist:
2-Mar	Chapter 20 - Acute Diabetic Emergencies Chapter 21 - Allergic & Anaphylactic Reactions	Diabetic & Anaphylaxis Patients EpiPen Demo/Glucometer	Lead: Assist:
4-Mar	Chapter 14 - Pharmacology and Medication Administration Chapter 22 - Toxicological Emergencies & Infectious Diseases	Pharmacology Activity BVM & NRB Practice	Lead: Assist:
9-Mar	Chapter 23 - Abdominal, OB/GYN and Renal Emergencies Chapter 37 - Obstetrics and Care of the Newborn	Trauma Assessment Skill Sheet Peer Practice	Lead: Assist:
11-Mar	Chapter 24 - Environmental Emergencies Chapter 25 - Submersion Incidents: Drowning & Diving Emergencies Chapter 29 - Burns	Trauma Scenario x2 Burn Treatment All Skills Practice	Lead: Assist:
16-Mar	Chapter 27 - Trauma Overview: The Trauma Patient Chapter 28 - Bleeding and Soft Tissue Trauma	Bleed Control/Shock Mgmt Skill Sheet Trauma Assessment Practice	Lead: Assist:
18-Mar	Chapter 30 - Musculoskeletal Trauma Chapter 31 - Head Trauma Chapter 32 - Spinal Column and Spinal Cord Trauma	Trauma Assessment Practice Bleed Control Practice Backboarding/C-Collar	Lead: Assist:
23-Mar	Chapter 33 - Eye, Face and Neck Trauma Chapter 34 - Chest Trauma	Medical Assessment Practice Trauma Assessment Practice	Lead: Assist:
25-Mar	Chapter 35 - Abdominal and GU Trauma Chapter 36 - Multisystem Trauma, Trauma in Special Patient Population	Medical Assessment Practice Trauma Assessment Practice	Lead: Assist:
30-Mar	Midterm Exam (Fisdap & Psychomotor)	Laptop Computer Required! Practical Skills Application	Lead: Assist:
1-Apr	Midterm Exam (Fisdap & Psychomotor)	Laptop Computer Required! Practical Skills Application	Lead: Assist:
6-Apr	Chapter 26 - Vulnerable Populations Chapter 38 - Patients with Special Challenges Chapter 39 - The Combat Vet	Medical Assessment Practice Trauma Assessment Practice All Skills Practice	Lead: Assist:
8-Apr	Chapter 12 - Scene Size Up Chapter 40 - Ambulance Operations & Air Medical Response Chapter 41 - Gaining Access & Patient Extrication	Ambulance Operations Ambulance Rig Power Lifts	Lead: Assist:
13-Apr	Chapter 42 - HazMat Chapter 43 - MCI Incidents & Incident Management Chapter 44 - EMS Response to Terrorist Incidents & Active Shooter	Squad/Table Assignment Signs and Symptoms/Interventions All Skills Practice	Lead: Assist:
15-Apr	MCI Project	Assignment Followed by Table Top	Lead: Assist:
20-Apr	Clinical/Review	Hands on Patient Exposure Group Review Session	Lead: Assist:
22-Apr	Clinical/Review	Hands on Patient Exposure Group Review Session	Lead: Assist:
27-Apr	FISDAP EXAM: Score of 70% overall & 70% or greater in each category. PSYCHOMOTOR EXAM: May re-test up to 3 STATIONS.	Laptop Computer Required! Skill Sheets Provided	Lead: Assist:
29-Apr	FISDAP EXAM: Score of 70% overall & 70% or greater in each category. PSYCHOMOTOR EXAM: May re-test up to 3 STATIONS.	Laptop Computer Required! Skill Sheets Provided	Lead: Assist:
6-May	FISDAP EXAM - RETEST	Laptop Computer Required!	Lead: